

AfterCare for your Eyebrows

Hello Beauties! After Care is a very essential step needed to protect your new investment. Microblading/ Microshading usually works best for those looking to give their eyebrows a look of natural fullness or for those suffering from hair loss, mimicking the appearance of brows. After your service is complete there are a series of steps that will assist the healing process to properly care for your eyebrow investment.

After the service, the brows will appear darker and thicker than expected. The top layer of your skin will go through a natural healing process of scabbing and peeling for about 3 to 5 days. When this starts, DO NOT pick, peel, scratch, rub, or pull on the scabs. Once healing is complete the color will soften and settle into the appropriate shade. In total, it should take about two (2) weeks for your new eyebrow tattoos to shed completely and appear natural.

Days 1 & 2:

- ❖ When you get home clean the brows with a cotton pad and some water in a patting motion.
- ❖ Apply a thin layer of healing ointment 2 times a day. This ointment will ensure proper after care is performed
- ❖ A gentle cleanser may be used (avoid alcohol based, anti-aging acids or acne acids).
- ❖ You may put a cold pack to reduce swelling → 10 mins at a time for every couple of hours. Swelling should subside within 24 hours.
- ❖ Avoid strenuous activity or activities that make you perspire e.g exercising, hot yoga, showering, swimming, hot yoga, sauna.
- ❖ Do not wet the brows, clean around it, pat dry.

Days 3 - 5

- ❖ Eyebrows should start their peeling process.
- ❖ DO NOT scrub, rub, wipe, scratch or pick at the area. This will increase the risk of scarring.
- ❖ Do not get the brows wet - pat dry with cotton pad.

Days 6 - 10

- ❖ Brows will be itchy, try not to touch.
- ❖ Brows may be wet but do not expose the area to the full pressure of shower. Pat dry after shower.
- ❖ You may put makeup over the brows

Days 8 - 10

- ❖ Your eyebrows may go MIA, but you need not fret. This is the final part of the scabbing process.
- ❖ When the last scab falls off, your healing process is finished.

2 weeks post op

- ★ Use sunblock to protect the brows from fading.
- ★ Avoid swimming in fresh, salt or chlorinated water.
- ★ Do not expose your brows to animals, gardening activities, germs or dirt.

Other Factors

- Keep the eyebrow area clean and do not wash with soap for at least 7-10 days
- Do not sunbathe until after 30 days
- Do not swim in pools, hot tubs for 7-10 days

Day 14 - 28

- ❖ By the 14th day, you will notice your brow area to be fully healed, and your eyebrow color is coming back. It is normal if you are experiencing light areas or any patchiness
- ❖ Within 4-6 weeks it is highly recommended for a touchup treatment for desired results, this is the **perfecting appointment**.

→ Safety precautions to keep in mind for all procedures ←

Swelling, redness, skin sensitivity and some minor bruising are normal side effects to the procedures, but this should subside in 1 to 2 days. How easily a person swells and bruises depends on factors such as their age, skin type, and circulation.

If you suspect a problem is developing, the first thing you should do is switch the ointment you are using. The ointment is often causing the problem.

Notify us or your physician at the first sign of an allergic reaction or infection. A slight healing itch is normal. It becomes abnormal when the itch becomes constant and intense. An abnormal thick yellow discharge, yellow crust, hot burning pain, lumps, bumps, and blisters are not normal.

Following the recommended aftercare is important to heal safely and maximize color retention. A yearly maintenance is also recommended to keep the color looking fresh.

→ BE SURE TO THOROUGHLY WASH YOUR HANDS WHEN HANDLING YOUR EYEBROWS ←

- ❖ 3 to 6 hours after treatment, gently clean your eyebrows with saline solution or water and gentle soap (cetaphil) to remove all lymph and previously applied

cream and then pat dry. Apply a very thin layer of an after care cream. For oily skin, do not use wax the first 2 days. Product will be provided to you.

- ❖ Repeat this procedure 2-3 times a day for 7 days or until brows have completed peeling.
- ❖ Do not scratch, rub or pick at your scabs as it will remove the implanted pigment underneath. It is very important you allow scabbing to flake off by itself.
- ❖ Avoid direct sun exposure, tanning beds, spray tan, chlorine, saltwater, and Make-up or products on eyebrows
- ❖ Avoid sleeping on the face
- ❖ Avoid excessive sweating from exercise/physical labor for at least 48 hours after treatment
- ❖ Avoid light therapies, chemical peelings, fruit acids, microdermabrasions, and creams that contain regeneration factors for 30 days.
- ❖ Avoid Retinols, AHA's, exfoliating and laser treatments, chemical peels, microdermabrasion, botox and any other strong treatments for 6-8 weeks after your procedure.

→ Smoking, sun exposure, excessive sweating, skin type (oily skin may cause implanted hair strokes to heal blurry), strong immune system and improper aftercare may cause the pigment to fade prematurely ←

→ Only after no more scabbing may you resume your regular cleansing and makeup routine. Be sure to apply sunblock to protect from sun fading ←

→ You may resume your growth enhancement products (Latisse, Revitabrow, GrandeLash) after you are fully healed ← .

Following through with the best after care, will provide the best results!!!